Letter of Recommendation June 15, 2016

My name is Joseph Powell. My wife Andrea, and I, own and run Praxis Athletics / Crossfit Prescott in Prescott, Arizona. Praxis Athletics / Crossfit Prescott is a strength and conditioning center of excellence focused on client development and well being.

First hand, we have seen the bulldog mentality of Miriam Ziven. A generally light hearted soul, Ms. Ziven excels at mastering skills to a high standard and letting external stressors roll of her back. As a high level dancer/instructor and trainer, her ability to take in large amounts of technical information, master it and then help others in the real world is a valuable valuable and rare capability. Above all, Ms. Ziven is honest with herself about her strengths and weakness. She faces her weaknesses head-on, which will serve her, and you, well.

Ms. Ziven's leadership, initiative, and abilities exceed those of his peers and I have seen first hand her qualifications to learn master, and teach. Our only regret, is that her life's journey took her away from us far too soon.

Joseph Powell, CSCS

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